



USA GYMNASTICS®



Region 4 Championships

Trampoline & Tumbling

April 26-29, 2018

The Wisconsin Center

Milwaukee, WI

PURPOSE:

The Sr. Elite and Jr. Elite competitions will name Regional Champions in all disciplines. This competition will prepare our athletes for competition at national and international events. The Jr. Olympic Regional Championships (Levels 1-10) will name Regional Champions in age groups for all disciplines (synchronized trampoline, Levels 9 & 10). This will also serve as the second and final opportunity to qualify for the Stars & Stripes Championships and USA Gymnastics Championships held in the summer of 2018.

**ELIGIBLE
ATHLETES'**

All athletes registered with USA Gymnastics as an athlete member are eligible to compete at the Regional Championships Levels 1-Elite, HUGS. Please note that all non-U.S. citizens must declare their citizenship prior to competition.

USA Gymnastics Trampoline & Tumbling Region 4

WWW.USAGTTRregioniv.com

DATE: April 26-29, 2018

VENUE: 400 W Wisconsin Ave, Milwaukee, WI 53203

HOST: USA Gymnastics Region Trampoline & Tumbling 4 Chair

ENTRY INFO: Levels 1-Sr. Elite (per competitor) \$125.00
HUGS Athletes \$50.00

All entries must be done on the USA Gymnastics Entry System.

You are required to pay for all athletes on your Online Registration as of the entry deadline. Once registered, please print a copy, [ADD the t-shirt sizes](#), and mail with your payment. All athlete/coach participants will receive a Region 4 T-Shirts

ENTRY DEADLINE: Completed online then postmarked or in the regional office by **March 17, 2018**

FUNDS: Entry fees must be in the form of a *Club business check*.

MUST BE POSTMARKED BY THE DEADLINE

NO PERSONAL CHECKS or CREDIT CARDS WILL BE ACCEPTED

PAYABLE TO: USA Gymnastics T&T Region 4

MAIL TO: USA Gymnastics Trampoline & Tumbling Region 4

C/O of Crissy LaFollette

2024 S 75 E

Washington, IN 47501

Questions email: tumblingexpress@hotmail.com (Clubs ONLY, no parents)

LATE ENTRIES: Acceptances of late entries are subject to approval by the Meet Director. Please submit all requests to Crissy LaFollette, tumblingexpress@hotmail.com. **Entries received after the deadline will be doubled. NO Exceptions.** ABSOLUTELY NO entries less than two weeks prior to the competition.

CHANGES: After **March 17, 2018** information may be changed or corrected for a charge of \$25 per correction. If an age or gender is listed incorrectly there will be \$25 per event charge. **COACHES WILL RECEIVE A COACHES REPORT NO LATER THAN MARCH 30TH, THERE WILL BE NO CHANGES ACCEPTED AFTER APRIL 5TH.**

REFUNDS: **There are NO Refunds after the entry deadline.** Medical scratch refund form is available on the Region 4 website.

HOTEL INFO: Book within our block early to assure you and your team have a room! NATIONAL TRAVEL SYSTEMS has blocked rooms. All the hotels listed below are giving a special rate for USA Gymnastics participants and families. These hotels have also committed to donate per room night to the Region 4 Championships Venue Rental.

All rooms may be reserved through National Travel Systems.
<http://www.ntssportstravel.com/events/gymnastics-trampoline-tumbling.shtml>

COACHES: Only coaches who have a current USA Gymnastics Pro or Jr. Pro membership will be issued credentials. Only 2 coaches per team will be issued credentials. Requests for additional coaches' credentials must be approved by the Meet Director. Teams with less than ten athletes need not apply.

SCHEDULE: 2018 Region 4 Championships Very Tentative Schedule

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|----------|---------------------------------|---|
| | Set-up: | Thursday, April 26 – 4:00 – 9:00 PM |
| Friday | 9:00 am | Event Staff finish any set-up needed |
| | 10:00 am | Check-in open |
| | 11:00 am | Training, Elites Only |
| | 12:00 pm | Training, Levels 8-10 |
| | 2:00 pm | Competition Session 1 – Levels 8-10 |
| | 6:30 pm | General warm-up for Synchronized Trampoline |
| | 7:00 pm | Competition Session 2 – Synchronized Trampoline |
| Saturday | 8:00 am | Event Staff in building |
| | 8:30 am | Doors open for open stretch |
| | 9:00 am | General Warm-up for Session 3 & 4 |
| | 10:00 am | Session 3 & 4 – Levels 8 – Elite |
| | 2:00 pm | Grand March |
| | 2:20 pm | HUGS Competition |
| | 3:00 pm | General Warm-up for Session 4 & 5 |
| | 4:00 pm | Session 4 & 5 – Levels 8 – Elite |
| 9:00 pm | Coaches and Judges Meet & Greet | |
| Sunday | 8:00 am | Event Staff in building |
| | 8:30 am | Doors open for open stretch |
| | 9:00 am | General Warm-up for Session 6 – Level 8 only |
| | 9:30 am | Session 6 – Levels 1-8 |
| | 12:00 pm | Session 7 – Levels 1-7 |
| | 3:00 pm | Session 8 – Levels 1-7 |

Awards will be on going for Session 8

The block schedule will be used for all events and will indicate exactly what block of time your athletes will compete. A detailed block schedule and team sheets will be posted for all participating gyms no later than April 14, 2018.

RULES: **Current** USA Gymnastics Trampoline and Tumbling. Please note that there will be no finals.

COMPETITION 4 – 4 X 4 Eurotramp trampolines with Eurotramp beds and springs

EQUIPMENT: 2 – 6 mm Eurotramp Double-mini trampolines

2 – Ross Athletics Rod Tumbling floors (New floors)

Equipment managed and supplied by Ross Athletics.

VOLUNTEERS: We need your help with volunteers for this competition. We greatly appreciate all your help. This meet would not be possible without the help of volunteers. Thank you in advance for your assistance. All volunteers will be given a wristband that will allow them access into the competition for that day.

Only professional members are allowed to spot.

Coaches you must be prepared to help with this task.

If you would like to bring additional coaches in order to help with this let me know.

JUDGES: Only judges who meet current USA Gymnastics requirements, will be considered for assignments. Ratings and availability will determine contracts for the Region 4 Championships. Judges must have previously judged at a minimum of 3 sanctioned competitions prior to Regional Championships. Judging request must be submitted online to Julie Morgan no later than March 17, 2018. A link to the judges request for assignment form will be sent to each judge who is currently registered within each state and to all teams.

Special Program Pages:

TEAM PHOTOS: Please email a team photo to: usagttregioniv@gmail.com by the deadline to be included in the program. Please also include a list of the athlete's names shown in the photo.

TEAM LOGO: If the Region 4 office does not have your club logo from last year, please email a copy to: usagttregioniv@gmail.com. We will be using these once again in our meet decorations.

ATHLETE BIOS: Each team who has Youth, Jr. Elite, Open or Sr. Elite competitors will need to fill out the athlete bio form on the region 4 website and attach a current head shot photograph. We will include all elite athletes in our program and will also have packets available for any press that might need information.

PROGRAM ADS: Program ads will be on sale again this year. A separate form is included for Ads. Please encourage your parents to place an ad.