



Region 4 Championships

Trampoline & Tumbling

May 10-12 2019

Duke Energy Center

Cincinnati, Ohio

PURPOSE:

The Sr. Elite and Jr. Elite competitions will name Regional Champions in all disciplines. This competition will prepare our athletes for competition at national and international events. The Jr. Olympic Regional Championships (Levels 1-10) will name Regional Champions in age groups for all disciplines (synchronized trampoline, Levels 9 & 10). This will also serve as the second and final opportunity to qualify for the Stars & Stripes Championships and USA Gymnastics Championships held in the summer of 2019.

ELIGIBLE ATHLETES'

All athletes registered with USA Gymnastics as an athlete member are eligible to compete at the Regional Championships Levels 1-Elite, HUGS. Please note that all non-U.S. citizens must declare their citizenship prior to competition.

USA Gymnastics Trampoline & Tumbling Region 4

WWW.USAGTTRregioniv.com

DATE: May 10-12

VENUE: Duke Energy Center 525 Elm Street Cincinnati, Ohio 45202

HOST: USA Gymnastics Region Trampoline & Tumbling 4 Board

ENTRY INFO: Levels 1-Sr. Elite (per competitor) \$125.00
HUGS Athletes \$50.00

All entries must be done on the USA Gymnastics Entry System.

You are required to pay for all athletes on your Online Registration as of the entry deadline.

ENTRY DEADLINE: Completed online then postmarked or in the regional office by **April 12, 2019**

FUNDS: Entry fees must be in the form of a **MONEY ORDER.**

MUST BE POSTMARKED BY THE DEADLINE

NO PERSONAL CHECKS, CLUB CHECKS, OR CREDIT CARDS WILL BE ACCEPTED

PAYABLE TO: USA Gymnastics T&T Region 4

MAIL TO: USA Gymnastics Trampoline & Tumbling Region 4
C/O Amber Franke
4316 Charles Court
Hilliard Ohio 43026

For Questions Contact: usagttregioniv@gmail.com (Clubs ONLY, no parents)

LATE ENTRIES: Acceptances of late entries are subject to approval by the Regional Board. Requests must be sent to : Amber Franke usagttregioniv@gmail.com
Entries received after the deadline will be doubled. NO Exceptions. ABSOLUTELY NO entries less than two weeks prior to the competition.

CHANGES: After **April 12, 2019** information may be changed or corrected for a charge of \$25 per correction. If an age or gender is listed incorrectly there will be \$25 per event charge. COACHES WILL RECEIVE A COACHES REPORT NO LATER THAN **APRIL 23,2019** **THERE WILL BE NO CHANGES ACCEPTED AFTER MAY 1st.**

REFUNDS: There are NO Refunds after the entry deadline. Medical scratch refund form is available on the Region 4 website. All medical scratches must be requested before the first day of competition.

HOTEL INFO: **Host Hotel Blocks will go live on Sunday, March 10th at 8:00pm Eastern time.**
Both hotels will be making a donation per night booked to the Region 4 Scholarship Fund, we strongly encourage teams reserve rooms within the block in order to support our athletes. Please tell the hotel you are will **USAG REGION 4 CHAMPIONSHIPS**

Hilton Cincinnati Netherlands Plaza
35 W. Fifth Street
513-421-9100

Millennium Hotel
150 W 5th Street
513-352-2100

COACHES: Only coaches who have a current USA Gymnastics Pro or Jr. Pro membership will be issued credentials. Only 2 coaches per team will be issued credentials. **Requests for additional coaches' credentials must be approved by the Meet Director.** Teams with less than ten athletes need not apply. **All requests must be made by the event deadline of APRIL 12.** Any team requesting more than three credentials must have a minimum of 30 athletes attending.

SCHEDULE: 2019 Region 4 Championships Very Tentative Schedule

	Set-up:	Thursday, May 9 – 4:00 – 9:00 PM
Friday	9:00 am	Event Staff finish any set-up needed
	10:00 am	Check-in open
	11:00 am	Training, Elites Only
	12:00 pm	Training, Levels 8-10
	2:00 pm	Competition Session 1 – Levels 8-9
	6:30 pm	General warm-up for Synchronized Trampoline
	7:00 pm	Competition Session 2 – Synchronized Trampoline
Saturday	8:00 am	Event Staff in building
	8:30 am	Doors open for open stretch
	9:00 am	General Warm-up for Session 3 & 4
	10:00 am	Session 3 & 4 – Levels 8 – Elite
	2:00 pm	Grand March
	2:20 pm	HUGS Competition
	3:00 pm	General Warm-up for Session 4 & 5
	4:00 pm	Session 4 & 5 – Levels 8 – Elite
9:00 pm	Coaches and Judges Meet & Greet	
Sunday	8:00 am	Event Staff in building
	8:30 am	Doors open for open stretch
	9:00 am	General Warm-up for Session 6 – Level 8 only
	9:30 am	Session 6 – Levels 1-8
	12:00 pm	Session 7 – Levels 1-7
	3:00 pm	Session 8 – Levels 1-7
		Awards will be on going for Session 8

The block schedule will be used for all events and will indicate exactly what block of time your athletes will compete. A detailed block schedule and team sheets will be posted for all participating gyms no later than May 1st, 2019.

RULES: **Current** USA Gymnastics Trampoline and Tumbling. Please note that there will be no finals.

COMPETITION EQUIPMENT: 4 – 4 X 4 Eurotramp trampolines with Eurotramp beds and springs
2 – 6 mm Eurotramp Double-mini trampolines
2 – Ross Athletics Rod Tumbling floors (New floors)
Equipment managed and supplied by Ross Athletics.

VOLUNTEERS: We need your help with volunteers for this competition. We greatly appreciate all your help. This meet would not be possible without the help of volunteers. Thank you in advance for your assistance. All volunteers will be given a wristband that will allow them access into the competition for that day.
Only professional members are allowed to spot.
Coaches you must be prepared to help with this task.
If you would like to bring additional coaches in order to help with this let me know.

JUDGES: Only judges who meet current USA Gymnastics requirements, will be considered for assignments. Ratings and availability will determine contracts for the Region 4

Championships. Judges must have previously judged at a minimum of 3 sanctioned competitions prior to Regional Championships. Judging request must be submitted online to Julie Morgan no later than April 12, 2019. A link to the judges request for assignment form will be sent to each judge who is currently registered within each state and to all teams.

Special Program Pages:

- TEAM PHOTOS: Please email a team photo to: usagttregioniv@gmail.com by the deadline to be included in the program. Please also include a list of the athlete's names shown in the photo.
- TEAM LOGO: If the Region 4 office does not have your club logo from last year, please email a copy to: usagttregioniv@gmail.com. We will be using these once again in our meet decorations.
- ATHLETE BIOS: Each team who has Youth, Jr. Elite, Open or Sr. Elite competitors will need to fill out the athlete bio form on the region 4 website and attach a current head shot photograph. We will include all elite athletes in our program and will also have packets available for any press that might need information.
- PROGRAM ADS: Program ads will be on sale again this year. A separate form is included for Ads. Please encourage your parents to place an ad.