



Region 4 Championships

Trampoline & Tumbling

May 6-8, 2022

Peoria Civic Center

201 SW Jefferson Ave, Peoria, IL 61602

PURPOSE:

The Sr. Elite and Jr. Elite competitions will name Regional Champions in all disciplines. This competition will prepare our athletes for competition at national and international events. The Jr. Olympic Regional Championships (Levels 1-10) will name Regional Champions in age groups for all disciplines (synchronized trampoline, Levels 9 & 10). This will also serve as the second and final opportunity to qualify for the Stars & Stripes Championships and USA Gymnastics Championships held in the summer of 2022.

**ELIGIBLE
ATHLETES'**

All athletes registered with USA Gymnastics as an athlete member are eligible to compete at the Regional Championships Levels 1-Elite, HUGS. Please note that all non-U.S. citizens must declare their citizenship prior to competition.

USA Gymnastics Trampoline & Tumbling Region 4

DATE: May 6-8, 2022
VENUE: 201 SW Jefferson Ave, Peoria, IL 61602
HOST: USA Gymnastics Region Trampoline & Tumbling 4 Chair
COMPETITION TYPE: In person

ENTRY INFO: Levels 1-Sr. Elite (per competitor) \$140.00
HUGS Athletes \$75.00

All entries must be done on the USA Gymnastics Online Entry System.

You are required to pay for all athletes on your Online Registration as of the entry deadline. Once registered, please print a copy, [ADD the t-shirt sizes](#), and mail with your payment. All athlete/coach participants will receive a Region 4 T-Shirts

Instructions:

1. You must be signed in as a club administrator to register athletes and professionals for this event.
2. Once you are logged on as a club administrator, go to Member Services and click Club Administration on the left toolbar.
3. Click on Meet Reservations
4. Click Search for Meets
5. Filter the Discipline Type to TT and the state to IL. Then click 2022 Region 4 Championships
6. Fill out information and select each coach and athlete that will be attending Region 4 Championships along with their level.
7. Confirm all athletes and coaches. Once everything is verified click submit.
8. You will **NOT** be able to pay for the competition on the website, you will need to send a hard copy of your entry form (printed from the USA Gymnastics website along with payment. PAYABLE TO: USA Gymnastics T&T Region 4 MAIL TO: USA GYM T&T REGION 4 C/O Crissy LaFollette. Club checks only, no personal check accepted. **Entries received after the deadline will be doubled.** NO Exceptions. Entries will not be processed without payment. You will be charged and expected to pay for all entries submitted through the Meet Reservation System. ABSOLUTELY NO entries two weeks prior to the competition. Questions email: usagttregioniv@gmail.com

ENTRY DEADLINE: **Completed online and payment postmarked by **March 18, 2022****

FUNDS: Entry fees must be in the form of a **Club business check**.
MUST BE POSTMARKED BY THE DEADLINE – Entries postmarked after the deadline will be doubled.

NO PERSONAL CHECKS or CREDIT CARDS WILL BE ACCEPTED

PAYABLE TO: USA Gymnastics T&T Region 4

MAIL TO: USA Gymnastics Trampoline & Tumbling Region 4
C/O of Crissy LaFollette
2024 S 75 E
Washington, IN 47501

Questions email to: usagttregioniv@gmail.com (Clubs ONLY, parents please ask your coach first)

- LATE ENTRIES:** Acceptances of late entries are subject to approval by the Meet Director. Please submit all requests to Region 4 Chairs, usagttregioniv@gmail.com. **Entries received after the deadline will be doubled. NO Exceptions.** ABSOLUTELY NO entries less than two weeks prior to the competition.
- CHANGES:** After **March 19**, information may be changed or corrected for a charge of \$25 per correction. If an age or gender is listed incorrectly there will be \$25 per event charge. Changes after April 25 will be \$50 per change. **COACHES WILL RECEIVE A COACH'S REPORT NO LATER THAN MARCH 31, THERE WILL BE NO CHANGES ACCEPTED AFTER APRIL 25th.**
- REFUNDS:** There are NO Refunds after the entry deadline. Medical scratch refund form is available on the Region 4 website.
- ADMISSION:** There will be a gate fee of \$15.00 per day, 2 Day Pass \$25.00, 3 Day Pass \$35.00 Children 6 & under are free. Athletes with credentials will be admitted for FREE.
- HOTEL INFO:** **Book within our block early to assure you have a room!** Region 4 has blocked rooms. Please book through the link on the Region 4 website www.usagttregioniv.com The hotels listed are giving a special rate for USA Gymnastics participants and families. These hotels have also committed to donate per room night to the Region 4 Championships Venue Rental.
- COACHES:** Only coaches who have a current USA Gymnastics membership will be issued credentials. Only coaches entered on the Meet Registration System will be eligible to receive a credential. Only **2 coaches per team** will be issued credentials. Requests for additional coaches' credentials must be approved by the Meet Director. **Teams with less than thirty events need not apply. No onsite coaches registrations will be accepted.**
- STAGING:** The staging area is used to line up flights for competition and pre-competition stretching. We will only allow the next flight into the staging area. The athletes are asked to bring their team bag with them. Once in the staging area the athletes will be told their seat number, put their bag on the chair and go stretch. When it is time to march in, the athlete will take all their items with them in their team bag to the competition floor. After they compete, they will exit the competition floor through the floor exit and WILL NOT return to the staging area.
- Due to the strict safety standards of USA Gymnastics only those parents who have volunteered to help will be allowed on the competition floor. All others admitted to the competition floor must be safety certified with USA Gymnastics, and must also wear the official Region 4 Championship credentials. **THERE WILL BE NO PARENTS ALLOWED IN THE STAGING AREA.** We ask for your cooperation in this matter. Once your child has reached the regional level they should know what to expect in the staging area and be able to participate in the process without your help. We hope your Regional Championship experience is a great one. If you have any questions that are not addressed, please check with your coach prior to the competition so that there are no surprises. Come and enjoy the fun of watching your child learn and grow from their competition experience.

NO FOOD OR DRINKS WILL BE ALLOWED IN THE STAGING AREA. Water bottles will be allowed.

RULES: Current USA Gymnastics Trampoline and Tumbling. There will be no finals.

COMPETITION EQUIPMENT: 4 – 4 X 4 Eurotramp trampolines with Eurotramp beds and springs
2 – 6 mm Eurotramp Double-mini trampolines
2 – Skakun Rod Tumbling floors
Equipment managed and supplied by UAI - United Athletic

VOLUNTEERS: We need your help with volunteers for this competition. We greatly appreciate all your help. This meet would not be possible without the help of volunteers. Thank you in advance for your assistance. All volunteers will be given a wristband that will allow them access into the competition for that day.
Please Note: Athletes that will be applying for funding must volunteer at least one session. Athletes must volunteer during a session that they are NOT competing in. [VOLUNTEER LINK](#)

Only professional members are allowed to spot trampoline.
Coaches you must be prepared to help with this task.
If you would like to bring additional coaches in order to help with spotting trampoline they can register as a volunteer trampoline spotter.

JUDGES: Only judges who meet current USA Gymnastics requirements, will be considered for assignments. Ratings and availability will determine contracts for the Region 4 Championships. Judges must have previously judged at a minimum of 3 sanctioned competitions prior to Regional Championships. Judging requests must be submitted online through the google form on the Region 4 website no later than March 18. If possible, a link to the judges request for assignment form will be sent to each judge who is currently registered within each state and to all teams.
[JUDGES REQUEST FOR ASSIGNMENT LINK](#)

WEB SITE INFO: Our Region 4 website is up and running. You will find all the Region 4 Championships information along with many other helpful things there.
www.usagttregioniv.com

As we did last year, we will be posting to the Region 4 social media pages and sending emails to all parents, coaches, and clubs.

FaceBook.com/USAGTTRegioniv and Instagram.

AWARDS: **Flight Awards:** Each child (Levels 1-7) with more than 12 in their flight will receive a flight award immediately following their flight competition. Athletes in small groups of 12 or less will not receive flight awards.

Overall awards: (Athletes in all levels)

The top 10 in each age group and ability will receive a special award at the end of each session of competition at a special awards ceremony.

- Athletes in Level 1-7 that did not receive flight awards will go directly to the awards ceremony area.
- Athletes in flights of 12 or less: the top 10 will be taken directly from the competition floor to the awards area. Awards for these athletes will be done immediately following competition as there is not a second or third flight to be added to the overall rankings.

- Athletes in groups that have more than one flight will need to wait until the end of the session for awards. Once all the flights have been completed, the results will be posted and the top 10 will need to get a colored bracelet at the awards bracelet table. Then they will report to the awards staging area at the end of the session.

HUGS Athletes will be taken directly to the awards area immediately after their competition.

SCHEDULE: 2022 Region 4 Championships **VERY VERY** Tentative Schedule

Thursday	5:00 pm	Set-up
Friday	10:00 am	Check-in open
	11:00 am	Training, Elites Only
	12:00 pm	Training, Levels 8-10 & Elite
	1:00 pm	Training ends, Competition Cards Due
	2:00 pm	Session 1 – Level 8 – Elite
	6:00 pm	Session 2 – Level 8 – 10 & Synchro
Saturday	8:30 am	Event Staff in building
	9:00 am	Doors open for open stretch
	9:30 am	General Warm-up for Session 1
	10:30 am	Session 1 – Levels 8 – Elite
	1:30 pm	Session 2 --- Levels 7-Elite
	6:00 pm	Session 3 – Levels 1 - 10
Sunday	8:00 am	Event Staff in building
	8:30 am	Doors open for open stretch
	9:30 am	Session 4 – Levels 1-8
	12:00 pm	Session 5 – Levels 1-7
	3:00 pm	Session 6 – Levels 1-7

The block schedule will be used for all events and will indicate exactly what block of time your athletes will compete. A detailed block schedule and team sheets will be posted for all participating gyms no later than April 8th. Flight sheets will be published in the meet program and available at the event.